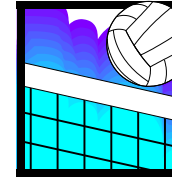
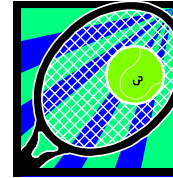
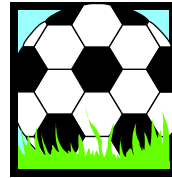
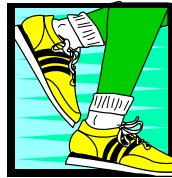

MUCKLESHOOT TRIBAL SCHOOL

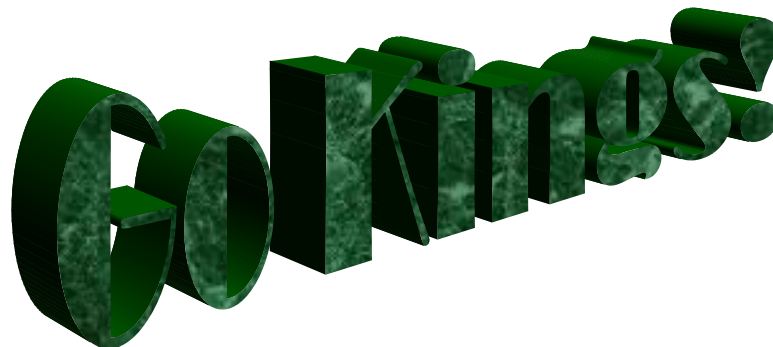


ATHLETICS HANDBOOK

MISSION STATEMENT

The Muckleshoot Tribal School athletic program is committed to providing every participant the opportunity to connect their MTS athletic experience to significant growth of their academic, physical, social, and character development within the framework and guidelines of the Muckleshoot Indian Tribe. Participants and coaches will plan and pursue higher levels of physical skills and team performance; while recognizing and displaying the values of sportsmanship and personal character. The athletic department will pursue the necessary actions to maintain safe, secure, and current athletic facilities and equipment.

This mission will be accomplished by fostering a spirit of teamwork, care, and fun in an environment of open communication among athletes, coaches, parents, peers, and the community. Participants will be able to represent their school proudly and achieve personal athletic success; while engaged in an endeavor that positively impacts their lives; now and in the future.



ATHLETIC DEPARTMENT GOALS

1- Teach kids the values of sport.

"Who do I want to be when I grow up?" "Make the connection for life."

2- Teach kids the skills of sport.

"Watch me now. I can do this."

3- Teach kids to depend upon each other.

"Be a part of a team."

4- Place character and sportsmanship up front.

Displayed "On my face" -NOT- Confronted "In your face."

5- Show a proud facility.

"MTS athletics is on display for all to see."

6- Reach out to parents, younger children, tribal and community interests, faculty and staff.

"Welcome everyone."

SPORT OFFERINGS

These programs are offered as interscholastic teams that involve competition with area schools.

SPORT

HIGH SCHOOL SEASONS

MIDDLE SCHOOL SEASONS

Baseball:

Spring (March – May)

Basketball, Boys:

Winter (Nov. – Feb.)

Season #2 (Nov., Dec.)

Basketball, Girls:

Winter (Nov.-Feb.)

Season #3 (Jan. Feb)

Cheerleading, Fall (Co-ed)

Fall (Sept – Nov.)

Cheerleading, Wtr. (Co-ed):

Winter (Nov – Feb)

Cross Country (Co-ed):

Fall (Sept, Oct.)

Football:

Fall (Sept – Nov)

Soccer (Boys):

Season #1 (Sept, Oct.)

Softball

Spring (March – May)

Track (Co-ed):

Spring (March – May)

Season #4 (April, May)

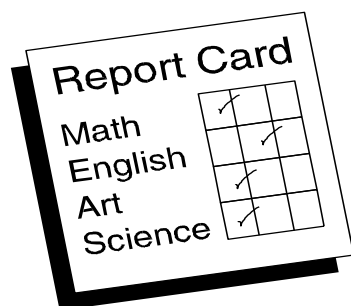
Volleyball:

Fall (Sept – Nov.)

Season #1 (Sept. Oct.)

Wrestling (Co-ed):

Winter (Nov – Feb)



ACADEMICS / ATTENDANCE

ACADEMIC ELIGIBILITY

Students participating in athletics must meet both academic standards listed below:

- 1- MTS Standard - Be passing in all classes at each semester grading period.
- 2- WIAA Standard – (WIAA regulation #18, which is available from the Athletic Coordinator.)
 - a. Passing in a minimum of five classes at all times. Grades will be checked every five or six weeks.
 - b. Be enrolled full-time at MTS. (Running Start, Home School and GED programs may apply.)

Academic Violation and Due Process:

In the event a participant is not meeting the required academic standards, he/she will be required to either submit a request for waiver or appear before the Academic Eligibility Review Board. The participant will be advised accordingly by the Athletic Coordinator's office.

Academic Waiver Option: An Academic Waiver form is available in the athletic office and may be used only once in the participant's high school career. This waiver applies strictly to the MTS Standard listed above and does not apply to the WIAA Standard. A conference involving the parents, student, and counselor is strongly encouraged prior to submitting the waiver.

Academic Eligibility Review Board: Positions on this board may consist of the Athletic Director as facilitator, a representative from school administration, counseling; and the faculty. The Board shall consider all evidence and give the student the opportunity to present their position at the hearing. At the conclusion of the hearing, the board shall record their findings and submit a recommendation to the MTS Principal. The parent/guardian will be notified as to the findings of the board.

ATTENDANCE ELIGIBILITY

PREVIOUS SEMESTER - The student shall have been in regular attendance as a full time student during the semester immediately preceding the semester in which the season begins.

REGULAR ATTENDANCE - The student shall be enrolled and in regular attendance within the first fifteen (15) school days in a semester at the start of the current semester in order to participate in interscholastic contests during that semester.

DAILY ELIGIBILITY - Participants are expected to maintain attendance in good standing in all classes. An unexcused absence from any class during the day may result in ineligibility for participation on that day.



BEHAVIOR CODE

ATHLETIC BEHAVIOR CODE

The Athletic Code shall be in effect 24 hours per day, 7 days per week throughout the school calendar year and apply to all MTS students involved in a competitive interscholastic activity.

Conduct: Participants shall abide by all written training rules established for the sport in which he/she is participating, and shall at all times behave in a manner that conveys respect for all individuals. Acts of harassment or hazing will not be tolerated. In addition, a participant shall conduct himself/herself with personal integrity and honesty at all times and in all situations; both as a participant and as a spectator. Unacceptable behaviors and/or misconduct may necessitate appropriate penalties as an attempt to reduce any behavior that negatively impacts the individual, the team, and/or the image of Muckleshoot Tribal School. Participants who knowingly attend or willingly remain at parties/gatherings where others are engaging in illegal activities shall be subject to misconduct. Each incident will be reviewed on a case-by-case basis by the coach/advisor, administrator, or Athletic Board.

Drugs/Alcohol/Tobacco: Participants at MTS shall not use, consume or possess alcoholic beverages, cigarettes, or tobacco of any form, steroids, illegal drugs, including marijuana, or paraphernalia related to the use of illegal drugs. Participants shall not abuse or misuse prescription or non-prescription drugs.

Code Violation Due Process (Drugs/Alcohol/Tobacco): Participants suspected of violating the Athletic Code will be required to appear at a hearing before the Athletics Board. This Athletics Board may consist of the Athletic Coordinator as facilitator, a coach from each affected sport, and the Dean of Students. Prior to a hearing the student and parent/guardian shall be notified of any suspected violation and be given the opportunity to inspect evidence, affidavits or exhibits which are to be submitted at the hearing. The student shall have the right to be accompanied at the hearing by a parent or guardian if so desired. The Board shall consider all evidence regarding the suspected violation and shall give the student an opportunity to offer a personal statement and testimony. At the conclusion of the hearing, the Board shall record their findings and submit a recommendation to the MTS Principal.

Code Violation General Penalty: Penalties imposed for a code violation regarding alcohol, tobacco, or drugs, whether the first, second, or third violation, shall involve:

1. a period of suspension from the sport.
2. a recommendation for professional assessment and/or counseling.
3. and forfeiture of awards and related honors for that season.

Additional penalties may be imposed or substituted as determined by the Board.

Alcohol and Tobacco Penalty: The minimum discipline imposed for the first violation of the Athletic Code regarding Alcohol and Tobacco, shall be immediate ineligibility for 1/4 of the scheduled season. Should the discovery of the violation be determined by self-admittance during the initial stage of investigation, the minimum discipline may be reduced to 1/5 of the sport season. In the event the violation occurred at a time outside the sport season or at the end of the season which does not allow time to fulfill the penalty period of ineligibility, the discipline imposed will be carried into the next competitive season in which the individual participates and completes. Note: The sport season begins with the first date of practice and ends with the awards ceremony.

A second violation of the Athletic Code regarding alcohol or tobacco shall result in immediate suspension from athletic participation for one full season; which may affect parts of two seasons if the violation occurred during active participation of one season.

A third violation (or more) of the Athletic Code regarding alcohol or tobacco shall result in suspension for one calendar year from the date of violation.

Drugs Penalty: The minimum discipline imposed for the first violation of the Athletic Code regarding drugs, including anabolic steroids possession, sale and/or use, shall be immediate ineligibility for participation in the current sports/activity program for the remainder of the season. In order to participate in the next season, the student shall meet with the Athletic Board to request approval to participate. The Board will recommend to the principal appropriate action to be taken. The minimum discipline shall be ineligibility for 1/4 of the next scheduled season in which the student participates. Should the discovery of the violation be determined by self-admittance during the initial stage of investigation, the minimum discipline may be reduced to 1/5 of the sport season.

A second violation regarding drugs shall result in suspension from athletic participation for a period of one calendar year from the date of the violation.

A third violation shall result in permanent ineligibility for the remainder of the student's high school career.

Clean Slate Rule: If a participant does not have a violation for 365 days, he/she can request a hearing with the Athletic Board to begin a new ("clean") slate. Any previous violations may be cleared if approved by the Athletic Board. The Board may request that specific conditions be met prior to receiving a clean slate. Participants can make this request only once during their high school career.



MTS SHARED RESPONSIBILITIES – A TEAM FOR ALL

A successful experience for all participants is the primary goal of every MTS athletic program. Many groups of people are responsible for making the program successful. The list of individual responsibilities is given in the chart below:

	Student/Athlete	Coaches	Parents/Guardians
Home	<ol style="list-style-type: none"> 1) Get adequate rest. 2) Eat a nutritious diet. 3) Follow all of the training rules. 4) Complete all homework. 5) Maintain conditioning during the off-season. 	<ol style="list-style-type: none"> 1) Set team goals. 2) Organize and manage your time. 3) Keep current of all the program rules. 4) Communicate with coaching staff. 5) Maintain a healthy balance of home, school, and coaching. 	<ol style="list-style-type: none"> 1) Provide a nutritious diet 2) Allow homework time 3) Encourage and support 4) Recognize the positive experience of participating, whether the student is a starter or reserve.
School	<ol style="list-style-type: none"> 1) Practice good citizenship. 2) Maintain high academic standards. 3) Promote team accomplishments and those of teammates. 4) Take pride in dress and appearance. 5) Set academic goals. 	<ol style="list-style-type: none"> 1) Pre-season parent meeting 2) Communicate openly with parents. 3) Be a positive role model. 4) Promote your program as a piece of the entire MTS Athletic experience. 5) Participate in workshops/clinics. 	<ol style="list-style-type: none"> 1) Follow established procedures when communicating with school or coach 2) Be an active volunteer/join a support organization 3) Support all academic efforts
Practice	<ol style="list-style-type: none"> 1) Meet all eligibility requirements. 2) Be there and make the time commitment. 3) Set goals and work to improve. 4) Be prepared to practice, play, listen, and take directions 5) Push yourself and others to reach their full potential. 6) Support team goals. 7) Be a positive team member. 8) Follow all practice guidelines. 9) Know when to focus and when to have fun. 10) Be accountable. 	<ol style="list-style-type: none"> 1) Display a positive attitude 2) Organize and plan practices 3) Encourage informal meetings with parents 4) Supervise athletes at all times 5) Enforce rules about attendance for school and practice. 6) Model good work ethics through leadership, punctuality, and team goals 7) Teach skills 8) Explore avenues to help take athletes to the next level 9) Promote "team" building activities 10) Discipline in an appropriate and consistent manner 11) Recognize contributions by all 12) Make decisions based on what is best for the athlete 	<ol style="list-style-type: none"> 1) Have transportation when needed in a punctual manner 2) Volunteer 3) Accept team discipline, support the team rules 4) Work cooperatively with coach to encourage work ethics 5) Communicate with the coach at appropriate times.
Games	<ol style="list-style-type: none"> 1) Be a mindful representative of Muckleshoot Tribal School. 2) Play hard and play to win. 3) Play fairly and safely. 4) Accept your role within the team. 5) Demonstrate good sportsmanship towards opponents, teammates, and officials. 6) Be positive, whether playing or supporting your teammates. 7) Accept game results graciously. 8) Respect decisions made by the coaches and officials. 9) Keep winning and losing in a proper perspective. 	<ol style="list-style-type: none"> 1) Have control of all team activities 2) Put sportsmanship on display. 3) Respect the decision of officials 4) Allow players to perform their best without fear of failure. 5) Coach in a positive manner. 6) Accept accountability for results. 7) Teach winning as an objective but not the only measure of individual and team success 	<ol style="list-style-type: none"> 1) Model good sportsmanship 2) Respect the decisions made by officials and coaches 3) Recognize outstanding performances by all competitors 4) Keep winning and losing in perspective 5) Support all athletics 6) Respect coaching decisions involving playing time 7) Don't coach from the stands 8) Value the contributions of all players 9) Work cooperatively with the coaching staff